

ORGANIC

# Mamma Chia

SEED YOUR SOUL®



## Chia & Greens Beverages



- Organic Greens
- 7g of Fiber

- 2500mg Omega-3s
- 4g Complete Protein

- Gluten Free
- Vegan

MammaChia.com







# Mamma Chia®

SEED YOUR SOUL®

## Power Your Soul's Purpose!

Introducing Mamma Chia Organic Chia & Greens Beverages that combine the nutritional powerhouse of Chia with healthy greens and veggies to provide a refreshing, on-the-go beverage. Simple, yet delicious ingredients come together to provide an entire day's worth of Omega-3s (2500mg), 7g of fiber, 4g of complete protein, 25% RDA of Vitamin A and 95mg of calcium. These truly satisfying beverages are sure to power your soul's purpose!

-  **Organic Greens**
-  **2500mg Omega-3s**
-  **7g of Fiber**
-  **4g Complete Protein**



### GRATEFUL GREENS Kale & Mint

**Ingredients:** hydrated organic chia seeds (purified water, organic chia seeds), organic apple juice concentrate, organic lime juice, organic kale puree, organic lemon juice, organic natural flavor, organic power greens (organic spirulina, organic spinach, organic broccoli, organic barley grass, organic wheatgrass), organic spearmint extract, citric acid.



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### JOYFUL GREENS Ginger & Lemongrass

**Ingredients:** hydrated organic chia seeds (purified water, organic chia seeds), organic apple juice concentrate, organic ginger juice, organic lemon juice, organic kale puree, organic natural flavor, organic power greens (organic spirulina, organic spinach, organic broccoli, organic barley grass, organic wheatgrass), citric acid, organic lemongrass extract.



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### LOVE GREENS Beet & Ginger

**Ingredients:** hydrated organic chia seeds (purified water, organic chia seeds), organic apple juice concentrate, organic lemon juice, organic beet juice concentrate, organic ginger juice, organic kale puree, organic natural flavors, organic power greens (organic spirulina, organic spinach, organic broccoli, organic barley grass, organic wheatgrass), organic strawberry juice concentrate, fruit and vegetable juice for color, citric acid.



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### SOULFUL GREENS Cayenne & Lemon

**Ingredients:** hydrated organic chia seeds (purified water, organic chia seeds), organic apple juice concentrate, organic lemon juice, organic kale puree, organic power greens (organic spirulina, organic spinach, organic broccoli, organic barley grass, organic wheatgrass), organic natural flavor, citric acid, organic cayenne.



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### Nutrition Facts

Serving Size 1 Bottle	
Amount Per Serving	
<b>Calories</b> 120	<b>Fat Cal</b> 35
<b>% Daily Value*</b>	
<b>Total Fat</b> 4g	<b>6%</b>
Saturated Fat 0g	<b>0%</b>
Trans Fat 0g	
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 30mg	<b>0%</b>
<b>Potassium</b> 330mg	<b>9%</b>
<b>Total Carb</b> 20g	<b>7%</b>
Dietary Fiber 7g	<b>28%</b>
Sugars 14g	
<b>Protein</b> 4g	<b>8%</b>
Vitamin A 25% • Vitamin C 6%	
Calcium 10% • Iron 4%	
Magnesium 15%	

\*Percent Daily Values are based on a 2,000 calorie diet.

### Additional Facts

Omega-3	2500mg
Omega-6	735mg
Omega-9	365mg

**Unit Size / UOM**  
10 fl oz (296mL)

**Unit Dimensions**  
2.177" x 2.177" x 7.4375"

**Case Pack**  
12 / 10 fl oz

**Case Weight**  
13.4 lbs

**Case Dimensions**  
9.317" x 6.875" x 7.652"

**Refrigerated Shelf Life**  
240 Days



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